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# GROW WELL

INDIVIDUAL & FAMILY COUNSELLING

## Independent Contractor Counselling Therapist - Part Time, focus on Couples

Position: Registered Counselling Therapist or Registered Counselling Therapists Candidate

Position Type: Part Time Independent Contractor

Location: Bedford, NS

**Why choose Grow Well Individual & Family Counselling?** We exist to help people grow well into who they were made to be. We aim to help individuals heal from past hurts, find help in present struggles, and gain hope for the future. We offer a modern, clean, and beautiful space and work environment in a new building with lots of natural light in a conveniently located office with lots of parking and other amazing amenities. You have the flexibility to set your own schedule and work as much or as little as you wish. (This particular position is for either two evenings a week or one evening and one Saturday morning.) You can see clients virtually or (select hours/days) in person.

Let us take care of marketing and booking clients for you! We handle all the administration of running a practice so you can do what you do best: help people through counselling sessions. We will provide support and guidance as you learn and grow as a therapist. We can help you find a qualified supervisor and continuing education for growth as a practitioner.

**Who we are looking for:** We're looking for a either a new graduate looking to grow a caseload, a current therapist looking for a few more hours, or a veteran therapist who only wants to work on a part time basis. As an Independent Contractor, you're welcome to work in another counselling role alongside of this one. The ideal candidate would have experience working with couples and have availability two evenings a week or one evening and Saturday morning to see 3 couples/clients per shift.

### Responsibilities:

- Provide counselling to individuals, couples, and families using evidence-based counselling techniques
- Provide free 15 minute consultations for potential new clients, with the goal of converting into booked intake sessions with the right fit
- Demonstrate professionalism at all times and adhere to high ethical standards
- Complete accurate and thorough clinical documentation on all sessions, complete at the end of each week
- Join in team meetings (not required, but encouraged, meetings are every 4-6 weeks)
- Provide clear and timely communication to colleagues and clients
- Provide charting and clear treatment plans for all clients and progress reports as needed, in a timely manner

**Qualifications:**

- Registered with the Nova Scotia College of Counselling Therapists or eligibility for registration
- Masters degree in Counselling Therapy or related field from an accredited university
- Experience counselling or working with couples
- Possess a knowledge of and proficiency in a well known counselling discipline
- Ability to navigate and operate basic computer programs/software (email, Microsoft 365, Jane)
- Experience or training in faith-based, Biblical, or Christian Counselling (preferred)
- Specialized training for relationships, such as Gottman or EFT modalities, preferred
- Excellent time management skills

**Compensation:** Fee split for Candidate-level therapists starts at 60% with potential to increase with licensure progression.