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GROW WELL

INDIVIDUAL & FAMILY COUNSELLING

Part-Time Independent Contractor Psychologist

Grow Well Individual & Family Counselling – Bedford, Nova Scotia

Grow Well Individual & Family Counselling is a growing, community-focused mental health clinic located in Bedford, Nova Scotia. We provide compassionate, evidence-based services to children, adults, and families, and we are seeking a **part-time Independent Contractor Psychologist** to join our team. This role is ideal for a psychologist who enjoys assessment work and is also interested in providing a small caseload of **individual counselling/talk therapy sessions** in a supportive private practice setting.

Position Overview

The successful candidate will provide **psycho-educational and ADHD assessments for children, adolescents, and adults**, as well as a **few hours per week of individual counselling** services.

- **Position type:** Part-time, Independent Contractor
- **Location:** In person at our Bedford office
- **Compensation:** \$150–\$160 per hour (commensurate with experience)

Responsibilities

- Conduct comprehensive **psycho-educational assessments**
- Conduct **ADHD assessments** for children, adolescents, and adults
- Score, interpret, and integrate standardized assessment tools
- Write clear, thorough, and clinically sound assessment reports
- Provide assessment feedback sessions to clients and/or caregivers
- Provide **individual counselling/talk therapy sessions** to clients (a few hours per week)
- Maintain accurate and timely clinical documentation
- Adhere to ethical, professional, and regulatory standards
- Collaborate with clinic staff to support high-quality client care

Qualifications

- **Master's or Doctoral degree in Psychology**
- **Registered Psychologist or Psychologist Candidate** in good standing with the **Nova Scotia Board of Examiners in Psychology** (or eligible for registration)
- Authorized to practice in Nova Scotia
- Training and/or demonstrated competence in:
 - Psycho-educational assessments
 - ADHD assessments across the lifespan
- Experience or interest in providing individual counselling/talk therapy
- Strong assessment, diagnostic, and report-writing skills
- Professional liability insurance
- **New graduates are welcome to apply**

What We Offer

- Competitive hourly compensation

- Steady referral stream for assessments and counselling
- Administrative and clinic support
- A collegial, supportive team environment
- Flexible scheduling
- A well-established clinic with a strong reputation in the community

About Grow Well Individual & Family Counselling

Grow Well Individual & Family Counselling is committed to providing thoughtful, ethical, and client-centred mental health care. We value collaboration, ongoing learning, and creating a welcoming environment for both clients and clinicians.

How to Apply

Interested candidates are invited to submit:

- A **cover letter**
- Resume

Please email applications to **office@growwellcounselling.ca** with the subject line: **“Part-Time Psychologist – Assessments & Counselling”**

Applications will be reviewed on an ongoing basis.